

GP Exercise Referral Instructor

Cumberland Contract

Part Time position - 30 Hours per week (job share considered), plus benefits

Why work for us

Join the fastest-growing specialist operator of leisure and cultural venues in the country and be part of our multi-award-winning team of over 16,000 colleagues.

At Everyone Active, we believe that everyone matters, and we're committed to improving lives and enhancing the wellbeing of our communities by creating exceptional experiences and inspiring activity.

We're looking for a GP Exercise Referral who will deliver sessions for those members of the scheme to help motivate them to achieve their goals.

What we can do for you

Enjoy free national membership for you and your family while making a difference in others' lives.

We support your growth with internal promotions, apprenticeships, and funded training to help you secure a nationally accredited qualification within 12 months. Enjoy benefits like free access to sports facilities, up to 25% off food, drinks, and events, spa treatments and discounts from major brands in a package focused on your well-being.

How will you help your community?

- Have good customer communication skills to support customers undertaking activity
- Be able to deliver sessions to a high standard
- Be enthusiastic, fun and dynamic with leadership qualities
- Be part of a motivated team fully embracing our company values

What do you need?

- A flexible approach - this role includes working days, evenings, weekends and holidays
- GP Exercise Referral qualification from recognised organisation (full training will be provided to the right candidate).
- A DBS Check (we'll sort this before you start)
- A full, valid UK driving licence as this role requires travel between different location

Ready to make a difference?

Join us and be part of a team that's dedicated to improving lives and creating exceptional experiences. Apply today and start your journey with us.

Closing date: September 21st 2026

To apply please send a CV and cover letter to:
Rebecca Wildgoose, Cumberland Contract Exercise Referral
Manager
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Cumberland Contract,
Cumbria

[everyoneactive.com](https://www.everyoneactive.com)